

Lesson Plan Template

Subject: Health

Grade Level/Course: 6th grade

Title: Peer Pressure/ Bullying

Alignments:

Standards: **10.1:** Concepts of Health

Eligible Content: **10.1.6.D:**

Explain factors that influence childhood and adolescent drug use.

peer influence

body image (e.g., steroids, enhancers)

social acceptance

stress

media influence

decision-making/refusal skills

rules, regulations and laws

consequences

Vocabulary:

Peer pressure (negative and positive)

Bullying

Resistance

Support

Persuasive

Peer

Values

Self-esteem

Self-control

Compromise

Objective(s):

1)Students will be able to participate in activities related to peer pressure and bullying by role playing different scenarios in assigned groups.

2)Students will be able to identify terms related to bullying by completing an assessment.

Essential Question(s):

What is the extent of the influence of peer pressure and bullying on students today?

Duration:

45 - 60 minutes

Materials :

Youtube Clip
Jar filled with facts and statistics
Worksheet assessment
Role play scenarios

Suggested Instructional Strategies:

Student centered instruction
Hands-on activities
Role playing

Instructional Procedure(s):

	Today we are going to learn all about peer pressure and bullying within our own school as well as all around the world around us! We will be seeing how peer pressure and bullying affects everyone depending on the situation.
	As an introductory activity, the you-tube clip will be shown and followed by an extensive discussion on what they saw and felt when watching the clip.
	Teacher will ask students essential questions about their own experiences with peer pressure and bullying as well as general questions about the two concepts. Teacher will ask students to put their heads down on the table. Teacher will read questions: "Have any of you ever bullied someone else?" "Were any of you surprised by today statistics?" Teacher should based questions on what she/he thinks will effect the class. Last question should be "Have any of you ever felt bullied?" Teacher asked students to keep their hands raised and open their eyes.
	Teacher will then have each student, one at a time, to pick a statistic from the jar in the front of the room. By doing this, students are informing themselves as well as their classmates about the abundance of peer pressure and bullying in our world today. After all statistics are read, teacher will guide the reflection process on if the students were surprised by any of the facts, if they gained any new knowledge about the two concepts, and/or how a certain statistic made them feel after hearing it.
	Students will exhibit their understanding of the two concepts during both of the discussion points after the clip and after the read aloud statistics. Once the discussion following the jar statistics is over, the teacher will separate the children into small groups of four. Then the teacher will pass out scenarios of bullying and peer pressure to each of the pairs. Teacher will circulate the room to make sure the students are on track and answering the questions associated with each of their scenarios. If time allows, students will present each of their scenarios to the class. Once all groups have presented, the teacher will formally assess the students by a completion of a pre-made worksheet.
	The above activities will be tailored to each of the students individual

	scenarios range from simple to slightly more difficult. All modes of learning are reached due to incorporating both informal assessment, such as the discussion and scenario role playing, and formal assessment with the follow-up worksheet.
	This lesson is organized in a very fluent and continuous method. Each activity is followed by a class discussion to ensure all students are engaged and understanding throughout the lesson. They must share their experiences, teach the class their fact,. and collaborate to come up with a solution to each bullying scenario. All students will benefit from this lesson no matter what their learning style is.

Formative Assessment: The formative assessment is a worksheet that asks the students questions. These questions are fact and opinion based questions. The students need to recall what they are learning and continue thinking about how this lesson relates to their own life.

Small group work: observations/ discussions/ role playing

13. **Related Materials & Resources:**

Ellen's Bullying Video

Teacher may also play the video clip: Don't Laugh at Me: By Mark Wills
<http://www.youtube.com/watch?v=FVjbo8dW9c8&ob=av3e>